



The name “Cassia” was inspired by an anointing oil referenced in the Bible that reflects our commitment to healing, wholeness and our desire to help those we serve to live well. According to sources familiar with ancient oils, Cassia is said to symbolize the heart of a servant.

Resident Awards

A Day For Dad

Continued from page two...



Deon displays his *Sunshine Award*



Dennis receives a metal for his service contributions

The very first celebration of Father’s Day was on June 19, 1910, at a YMCA in Spokane, Washington. Sonora Smart Dodd had watched her father single-handedly raise six children. After hearing a sermon about the virtues of Mother’s Day, Dodd approached her pastor and suggested a comparable holiday for fathers. Her pastor agreed and set the date for the third Sunday in June.

Father’s Day became an annual observance in Spokane, but once Dodd left home to attend school at the Art Institute of Chicago, the holiday was quickly forgotten. Upon her return to Spokane, Dodd embarked upon a crusade to recognize Father’s Day on a national level. She sought the help of trade groups that would benefit from such a holiday: tie and tobacco pipe manufacturers. The New York Associated Men’s Wear Retailers group even founded a Father’s Day Council to promote the holiday. Decades passed, and members of the U.S. Congress resisted founding a national holiday. It wasn’t until 1972 that President Richard Nixon made Father’s Day a permanent national holiday by signing it into law.

Answers to Wacky Wordies Puzzles, Page 7

- 1 Next in line
- 2 Step father
- 3 Skinny Dipping
- 4 I’m beside myself

On Eagle’s Wings

On June 20, 1782, a picture of a bald eagle with wings outstretched was proposed to the U.S. Congress as the Great Seal of the United States. Not everyone accepted the bald eagle as the national bird, and a debate raged for years after its selection. Benjamin Franklin famously objected:

“I wish the bald eagle had not been chosen as the representative of our country; he is a bird of bad moral character; like those among men

who live by sharpening and robbing, he is generally poor, and often very lousy. The turkey is a much more respectable bird and withal a true, original native of America.”

Franklin’s objections would be overruled, and in 1787, the eagle was officially adopted as America’s national emblem. America was not the first country to use an eagle as its symbol: the ancient Roman Empire and the First Persian Empire both used eagles to denote strength and glory.



Juneteenth For All-2
Residents’ Column-2
June Birthdays-3
Activity Calendar-4, 5

Remembering the De-
parted-6
You May Now Lick The
Bride-6
Wacky Wordies-7

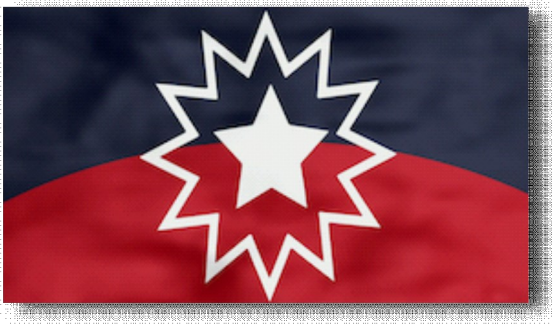
Spirit of Care -7
Resident Awards-8
A Day For Dad-8

14650 Garrett Ave
Apple Valley
MN 55124
952-236-2000
a ministry of Cassia
CassiaLife.org

Residents' Column

Juneteenth For All

June 19, better known as Juneteenth, was established as a federal holiday in 2021, but it has been observed as the date commemorating the end of slavery in the United States since 1865. It was on June 19, 1865, that U.S. General Gordon Granger arrived in Galveston, Texas, with a force of federal troops to declare that “in accordance with a proclamation from the Executive of the United States, all slaves are free.” That proclamation was President Abraham Lincoln’s Emancipation Proclamation, which had been signed a full two-and-a-half years earlier. Texas had been considered a haven for slavery, as it had been spared from much of the Civil War’s fighting and the presence of Union troops. That all changed with General Granger’s arrival. Later that December, slavery was formally abolished in America with the adoption of the 13th Amendment.



Residents received awards and recognition at our awards event held during National Nursing Home Week. Many awards were given to recognize resident involvement in our community, and various contributions they’ve made.



Mary Ann with her *Longevity Award*



Barb receives a *Music Award*

Continued on page 8...

Wacky Wordies

Can you guess the common words or phrases represented in each box? Answers on page 8.



1. _____



2. _____



3. _____



4. _____

Spirit of Care

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry
ev'rything to God in prayer!
Oh, what peace we often forfeit;
oh, what needless pain we bear--
all because we do not carry
ev'rything to God in prayer!

This hymn is by far one of the most beloved of hymns. It has been recorded by popular singers such as Bing Crosby, Tennessee Ernie Ford, Ella Fitzgerald, and Aretha Franklin, Glen Campbell, and Amy Grant, to name just a few. Taking a look all the way back to who wrote the comforting words to this song, you will find that a preacher named Joseph M. Scriven wrote this as a poem in 1855 to comfort his mother who was ill and living in Ireland while he was living in Canada. Scriven was originally from Ireland and had a good life including wealth, education, and a devoted family. On the night before his wedding his fiancé drowned. Soon after this tragedy, Scriven decided to drastically change his lifestyle, move to Canada, and devote his life to generosity and friendship. He became known as “the Good Samaritan.”

A friend of Scriven’s found a copy of this poem/song at Scriven’s house and asked who wrote those beautiful words, Scriven responded by saying, “The Lord and I did it between us.” None of us ever know what life will bring. Many of us look back on our life and can honestly say that we’ve survived some really tough times. Perhaps you are currently facing some big challenges. We know our world certainly is! Take heart in the words of this song and rejoice in the certainty that you are not alone. You have a friend in Jesus!

Remembering The Departed...

Our Deepest Sympathy to the Family & Friends of Those Who Have Departed...

Gert Meier.....	May 4
Lawrence Hagen.....	May 9
Mary Olberg.....	May 11
William Sellner.....	May 11
Joy Morris.....	May 20
Ronald Fullerton	May 20
Jerielynn Elstad.....	May 22
Lois Rand	May 24



Worship Service Schedule

- Sunday Worship at 3pm weekly, holy communion observed on the third Sunday.
- Wednesday services include Bible Study, Worship Service, Prayer & Praise, and Memorial Service. These services are at 3pm. Check the activity calendar on pages 4 & 5 for specific dates.
- Catholic Communion Service live on Thursdays at 10:30 am, the first four weeks of the month.
- Our in-house channel is on 6, 111, or 1111 for some TV's
- A great radio station for good old fashion hymns is WCTS 1030 AM

Services are held in the second dining room (2DR).

You May Now Lick The Bride

It is well known that June is a popular month for weddings, but did you know that the second week in June is Pet Wedding Week, a week dedicated to the lasting union between animals? This unique holiday was designed for pet owners who believe that their pets should be suitably paired and partnered into loving relationships for the purposes of companionship and breeding. There is even a National Pet Association of Ceremonies, a nationally recognized body of pet ceremony officiants, that will conduct official pet weddings. Like human weddings, costs can grow exponentially, with some paying thousands for catering, flowers, live music, and, of course, bridal gowns.





June Resident Birthdays

Irving L	June 2	Renu S	June1
Cang N.....	June 7	Maria H	June 1
Vicki K	June 9	Toni S.....	June 2
Maxine D	June 11	Sumaya S.....	June 2
Guy W	June 11	Gladys G	June 3
Elizabeth Ann	June 16	Kevin M	June 4
Marjory H	June16	Wilfred M.....	June 4
Mariann G.....	June 18	Nalini M	June 6
Alexius M	June 23	Bonnie H	June 7
Anita R	June 24	Wendy R	June 7
Karl H	June 28	Emily O	June 8
		Mai Y	June 8
		Joshua S.....	June 10
		Samantha R	June 11
		Sherin J.....	June 12
		Emma H	June 12
		Jeff S	June 13
		Ka Bao Y.....	June 13
		Leah E	June 15
		Graciela A	June 16
		Dan B	June 17
		Serenity X	June 17
		Saba A	June 21
		Madison H.....	June 22
		Jocelyn J.....	June 22
		Andrea H	June 24
		Austin H	June 25
		Natalya M.....	June 26
		Khadija H	June 27
		Victoria B.....	June 28
		Yordanos S.....	June 28
		Arnulfo T.....	June 29
		Marne L.....	June 29



2022

Activity Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are subject to change. Check bulletin board across from the elevators for updates or channel 6.	Lunch Bunch and Bus Outings require sign-up and residents may be responsible for cost of their own meal.		1 10:30 Nail Polishing.....2SR 10:30 Choir Rehearsal.....2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad.....3DR</i> 1:30 Brain Games.....2SR 3:00 Worship Service.....2DR	2 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Communion.2DR 2:00 Outside Time 3:00 Chime Practice.....2DR	3 9:30 Music & Motion.....2SR 9:30 Sit Fit.....3SR 2:30 Movie & Popcorn.....2DR	4 10:30 Sit Fit.....2SR 2:00 Games.....2SR
5 11:00 Stories & Memories..2SR 3:00 Worship Service.....2DR	6 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Music Club.....2SR 2:30 Explore! With Josh.....2SR	7 9:30 Music Exploration.....3SR 10:00 Active Games.....2SR 10:30 Music Club.....3SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR	8 10:30 Nail Polishing.....2SR 11:30 Java Time.....3SR <i>Lunch Music with Chad.....3DR</i> 1:30 Brain Games.....2SR 3:00 Prayer & Praise.....2DR	9 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Communion.2DR <i>Lunch Music with Chad.....1DR</i> 2:00 Outside Time 3:00 Chime Practice.....2DR	10 9:30 Shopping at Target 2:30 Extra Bingo.....2DR	11 10:30 Sit Fit.....2SR 2:00 Games.....2SR
12 11:00 Stories & Memories..2SR 3:00 Worship Service.....2DR	13 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Music Club.....2SR 2:30 Outside Time	14 9:30 Music Exploration.....3SR 10:00 Trivia Time.....2SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR	15 10:30 Nail Polishing.....2SR 10:30 Jug Band.....2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad.....3DR</i> 1:30 Brain Games.....2SR 3:00 Worship Service.....2DR	16 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Communion.2DR <i>Lunch Music with Chad.....1DR</i> 3:00 Chime Practice.....2DR	17 9:30 Music & Motion.....2SR 2:30 Volleyball Contest.....2DR	18 10:30 Sit Fit.....2SR 2:00 Games.....2SR
19 11:00 Stories & Memories..2SR 3:00 Worship Service.....2DR Communion Observed  HAPPY FATHER'S DAY	20 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Music Club.....2SR 2:30 Patio Social.....Outside (weather permitting)	21 9:30 Music Exploration.....3SR 10:00 Active Games.....2SR 10:30 Music Club.....3SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR	22 10:30 Nail Polishing.....2SR 10:30 Resident Council...2DR 11:30 Java Time.....3SR <i>Lunch Music.....3DR</i> 1:30 Brain Games.....2SR 3:00 Bible Study.....2DR	23 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Communion.2DR 12:00 Lunch Bunch....Gazebo 2:00 Outside Time 3:00 Chime Practice.....2DR	24 9:30 Music & Motion.....2SR 9:30 Sit Fit.....3SR 2:30 Happy Hour.....2DR	25 10:30 Sit Fit.....2SR 2:00 Games.....2SR
26 11:00 Stories & Memories..2SR 3:00 Worship Service.....2DR	27 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Music Club.....2SR 2:30 Boat Racing...Outside Pond	28 9:30 Music Exploration.....3SR 10:00 Trivia Time.....2SR 10:30 Music Club.....3SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR	29 10:30 Nail Polishing.....2SR 10:30 Jug Band.....2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad.....3DR</i> 1:30 Brain Games.....2SR 3:00 Memorial Service....2DR	30 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Service..TV <i>Lunch Music with Chad....1DR</i> 2:30 Birthday Party.....2DR <i>Music by Colleen Hiebeler</i>	Check our in-house message channel on TV for daily activity schedule on channel 6.	