

July 2022

Manager's Message

Happy July! I hope everybody is enjoying the nicer summer weather we have been experiencing. Please notify the Front Desk if you are experiencing any issues with your air conditioning in your apartment. In some cases, we can educate on how to use your thermostat properly, but in other cases, maintenance will need to complete repairs to your AC unit.

We received several questions regarding the COVID-19 boosters at June's Focus Meeting. I have updated the Focus notes included in this newsletter as well. To be considered up-to-date on your COVID shots, you should have received the initial vaccine series (2 doses of Pfizer or Moderna OR 1 dose of J&J). If you have received the 1st series, you may receive the 1st booster after 4 months of your 2nd dose of Pfizer or Moderna, or 2 months after J&J. If you are over 50 years of age and 4 months out from your first booster, it is recommended that you receive a 2nd booster. Your 2nd booster MUST be Pfizer or Moderna. Please contact me directly if you are in need of any dose of the series. The Villa is able to provide COVID-19 vaccines and boosters on Wednesdays; however we need completed consent forms for the residents receiving the shots the week

prior. Specific eligibility requirements can be found at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date>

We began replacing bathroom vanities in market-rate 1-bedroom units at the end of June. You should receive a notice on the date that your vanity will be replaced. If you did not receive a notice earlier in June regarding your vanity replacement, it is because of one of a few reasons: 1.) Your apartment layout is not an A-style layout 2.) You are in a HUD unit 3.) Your vanity has previously been replaced. This is part of a refinance project at the Villa to upgrade our original structures to newer models. Please contact me directly if you have any questions about your specific apartment.

As a leadership team, we are working to cover the activities program while Amber is out on maternity leave beginning at the beginning of August. If you are interested in volunteering for any activities of interest, please contact Amber directly before the end of July. We are so excited for Amber's baby to join the world!!

Lisa Murphy
Director of Housing

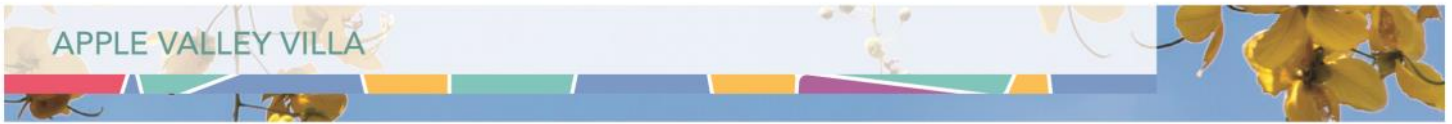
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14610 Garrett Ave
Apple Valley
MN 55124
952-236-2600

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Marketing News

Referral News

Remember, if you refer someone and they move into a market rate apartment here at the Villa you will receive a \$500.00 referral bonus when they move!

The referral name must be presented or written on the tour card.

Jean Andries
Marketing Director
Ext. 2625

Father's Day Party Pictures



Management Directory

Staff Title	Phone # Office Location
Lisa Murphy Director of Housing	952-236-2628 Office: 102
Sherry Eastgate Director of HUD Housing	952-236-2610 Office: 102
Jean Andries Campus Marketing Director	952-236-2625 Office: 102
Annalissa Akif Resident Services Director	952-236-2626 Office: 102
Cyndi Sabin, RN Director of Health Services	952-236-2623 Office: Off of Lobby
Leslie Wycoff Director of Housekeeping	952-236-2630 Office: Lower Level
Amber Castellano Director of Activities	952-236-2620 Office: Lower Level
Lisa Brazman Director of Food & Nutrition Service	952-236-2580 Office: Lower Level
Tim Schmidt Director of Campus Physical Plant	952-236-2590 Office: LL of Health & Rehab Center
Lori Lathrop Julie Ryan Chaplains	952-236-2627 Office: Lower Level

If you need to contact a nurse, please call 952-236-2621. If it's an emergency, please call the Front Desk (0).

Mission in Motion

APPLE VALLEY VILLAGE SNACK DRIVE



Help provide snacks to school age children this summer with the Apple Valley Village

The Apple Valley Village will support Open Door Pantry's Snack Packs Power Mobile Lunchbox for our Mission in Motion "M-n-M" project-
A task force that extends our faith-based mission by impacting others in the love of Christ

HOW TO HELP

- Donate the following snacks in the labeled bin by the front door by July 12th**
- Help pack the snacks on July 13th at 2:30pm in the Villa Lower Level Activity Room**

ACCEPTED SNACKS

**FRUIT CUPS (APPLE SAUCE OR CUT FRUIT)
GRANOLA OR FRUIT BARS
MICROWAVE MAC & CHEESE
SNACK SIZED GOLDFISH OR PRETZELS
INSTANT OATMEAL
PROTEIN (BEEF JERKY OR MEAT STICKS)**

If you would like to know more about the "M-n-M," please contact Chaplain Lori at ext. 2627



Announcements

Villa Salon

Sandy will be on vacation from July 3-July 11. Located on the 2nd floor next to the laundry room. If you would like to make an appointment or have questions please call Sandy at 952-215-4163.

Revive Your Feet

If you are interested in receiving nail/ foot care, please call **Nicole Hendrickson** from Revive Your Feet at **612-708-0304** with any questions or for a future reservation. Future dates include **July 11th, and August 8th**. Appointments in the Nail Salon on 4th floor (#413)

Sewing Volunteer

The sewing volunteer, Linnea, will be on vacation in August. Please bring your clothing repairs to the front desk by **July 4th at 9am**. They will be returned July 18th at 9am. Sewing services will resume **September 5th at 9am**.

Place your clean items in a bag and include:

Your name

Apartment Number

Instructions of what you would like fixed

Open Door Pantry– 07/08/2022

If you are not signed up for open door pantry you may obtain an application from the front desk. You must sign up in advance to receive items. You will make an appointment to come to the Lower Level Activity Room to pick up the items you would like. The items vary from produce, frozen goods, and canned goods.

Dakota County Library Book Exchange– 07/28/2022

The librarians from the Dakota County Library will come **Thursday July 28th** at 2:00pm with books for you to check out. Please call librarian Erin Hall with any book questions or requests at 952-891-7061. The library also has books on tape that can be requested as well.

Blood Pressure Checks

Blood Pressure Checks are canceled until future notice. Thank you for your understanding!

Bus Outings

Sign-up sheets for the outings are on the Lower Level Bulletin Board. You do not need to pay to go on these outings. Sign up sheets will be posted on Monday and Friday for the following week. Please see Amber, Activities Director, or Annalissa, Resident Services Director, to become certified to ride the bus.

***Please have Metro Mobility Buses go to the BACK DOOR for pick up and drop off.**

Date	Location
Thursday 7/7	Cub Foods
Monday 7/11	Walmart
Tuesday 7/12	Dollar Tree
Friday 7/15	Red Lobster
Monday 7/18	Target
Thursday 7/21	Cub Foods
Monday 7/25	Walmart
Tuesday 7/26	Fresh Thyme



Special Events

Music Performances

Accordion Music with Larry–
Monday 7/11 at 2:00pm
Fireside Dining Room

Minneapolis Police Band–
Thursday 7/28 at 7:00pm
Front of Building



Craft Time

Join us for this free summer craft on July 20th at 2:00pm.



Free Nail Polishing

Get your nails painted for free! Come to the Lower Level Activity Room from 1:30-2:30 on Thursday July 7th and 28th.



4th of July Ice Cream Truck

Come and enjoy a free and refreshing ice cream treat Friday July 1st! Blue Moo Ice Cream Truck will be at the front of the building from 5:30-6:30pm!



Birthday Party

Celebrate the July birthdays on July 11th at 2:00pm in the Fireside Dining Room! Everyone is invited and those with July birthdays will be recognized at the party.



Wine Social

Socialize with your friends and neighbors over drinks on Thursday July 14th at 2:00pm in the Fireside Dining Room!



Card Making with Sharon

Come make homemade cards with our volunteer Sharon on Friday July 22nd at 10:30am. All the supplies will be provided and it is FREE!



Lunch Outing

This month's lunch outing will be at Red Lobster! Enjoy lunch with friends. Sign up by July 8th!

July Birthdays

**HAPPY
BIRTHDAY**

Bobbie Judkins	7/1
Nancy Franczyk	7/2
Gong Substad	7/2
Betty Baker	7/8
Vivian Oswald	7/13
Roberta Nelson	7/13
Trudy Mouw	7/13
Georga Field	7/14
Lavonne Dean	7/15
Linda Hickey	7/16
Donna Reu	7/19
Sandra Lee	7/22
Darlene Linblad	7/23
Linda McKelvey	7/25
Donna Beckman	7/26
Arlene Sylvester	7/27
Jacque Kelly	7/28
Marci Combs	7/31

welcome

to the Apple Valley Villa

Roger Heckmann #229

DeVonne Quamme #247

Trudy Mouw #303

Alan Dahl #318

Mary Ellen & Francis Flicek
#434



Spiritual Care News

Chapel Service in 4th Floor Chapel

Wednesday at 1:30pm

Sunday at 1:30pm

Bible Study in Lower Level Activity Room

Thursdays at 10:00 am

Catholic Service in 4th Floor Chapel

Thursdays at 3:30pm

Prayer Shawls

If you knit or crotchet, we would love your help to make prayer shawls. Contact Chaplain Lori for more information.

Hymn Sing

Hymn Sing is temporarily canceled until further notice. Thank you for your understanding.

The Chaplains office is located on the Lower Level down the hall toward the Care Center. They may be reached at #2627.

OUR THOUGHTS AND
PRAYERS ARE
WITH THE LOVED
ONES OF

GERALDINE MULLINS
LARRY SARFF

July Chapel Schedule

Sunday

July 3

July 10

July 17 – Holy
Communion

July 24

July 31

Wednesday

July 6 – Holy
Communion

July 13

July 20

July 27

Message from the Chaplain

Dear and Precious

Dear and precious is a phrase that my Grandma would whisper in my ear when I was a child. Little did I know that she whispered to each of her grandchildren the same. This gladdens my heart and makes me smile. I like those words. I say them too.

As someone who is more introverted than extroverted, there are certain things that are particularly challenging. Sometimes it's hard to find the right words. The time has come for me to retire. Friday July 22nd will be my last day as your chaplain. It's hard to believe thirteen and a half years ago, when Chaplain Sarah was about to go on maternity leave, I was called here to the Care Center and Villa. The years have gone by quickly.

It has been my privilege and honor to be a chaplain in this community. I feel nothing but gratitude for my time here. My heart is filled with all you have entrusted to me and you have trusted me with much. Thank you for sharing your lives with me; I carry you in my heart.

A pastor comes to love their flock and I have come to love you. I'm not very good at good-byes. I just want you to know how thankful I am for you, how blessed I feel by you, and I want you to know that you are dear and precious to me. It is right for me to feel this way about all of you; since I have you in my heart...all of you share in God's grace with me.

Thank you for everything.

I leave you in the loving and capable hands of Chaplain Julie.

From Romans 15, "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

God's peace be with you always,
Chaplain Lori



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The name "Cassia" was inspired by an anointing oil referenced in the Bible that reflects our commitment to healing, wholeness and our desire to help those we serve to live well. According to sources familiar with ancient oils, Cassia is said to symbolize the heart of a servant.

952-236-2600
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Upcoming Opportunities

Fireside Dining Committee

Fireside Dining Committee meets the second Friday of the month at 12:30pm. Sign up at the front desk if you would like to be apart of the committee and you will be able to share your input on upcoming meals.

JULY MOVIES

July 9th- *Planet Earth: Jungles*

July 14th- *Lawrence Welks TV Treasures*

July 23rd- *My Big Fat Greek Wedding*

Farkle

Come play Farkle on Wednesdays at 1:00pm
in the lower level Game Room!
It is a fun and easy dice game!

Quilts of Valor

If you are a service member or veteran, Quilts of Valor members would like to honor you with a quilt for your service. If you are interested, please see Amber, Activities Director for a form that you or your family can complete. There will be a presentation of quilts later this year.

Deli Desserts & Store

Visit us in the deli so we can tease your taste buds
with our tempting treats!

Is there anything YOU would like to see in the Deli Store? Word Searches, snacks, or more? Let Amber, Activities Director or Mikayla, Assistant Director of Food Service know!

Deli Hours

Open 8:00am-1:15pm

Lunch is served at 11:30am

Channel 3 Reminder

Stay up to date with activities, menu changes, and more on Channel 3! Please note: Channel 6 is the messaging channel for the Care Center next door.

General Notes

Please make sure to check the weekly schedules, signs on the lower level bulletin board, and Channel 3 for updates and notifications about things going on in the building