




2023

Activity Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>New Year's Day</i> 3:00 Worship Broadcast..TV6	2 9:30 Music & Memories.....3SR 2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle & Churchill.....2nd, 3rd	3 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR 5:15 Table Games.....2SR	4 9:30 Magic Table Games..2SR 10:30 Community Choir...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad....3DR</i> 3:00 Worship Service.....2DR	5 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR <i>Lunch Music with Chad....1DR</i> 10:30 Catholic Communion.2DR 1:30 Brain Games.....2SR 3:00 Chime Practice.....2DR 5:15 Music Club.....2SR	6 9:30 Music & Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 Movie Matinee.....2DR FULL MOON	7 10:00 Sunrise Stretches..2SR 10:00 Sunrise Stretches.3SR 12:30 Lunch Music.....1DR 1:30 Crafternoon.....2SR
8 10:00 Stories & Memories..3SR 3:00 Worship Service with Chaplain Julie.....2DR	9 9:30 Music Exploration.....3SR 2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle & Churchill.....2nd, 3rd	10 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR 5:15 Table Games.....2SR	11 9:30 Magic Table Games..2SR 10:30 Community Choir...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad....3DR</i> 3:00 Prayer & Praise.....2DR	12 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Communion.2DR <i>Lunch Music with Chad....1DR</i> 1:30 Brain Games.....2SR 3:00 Chime Practice.....2DR 5:15 Music Club.....2SR	13 9:30 Walmart Shopping 9:30 Music & Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 Ice Cream Social.....2DR	14 10:00 Sunrise Stretches...3SR 12:30 Lunch Music.....2DR 2:30 Table Games.....2SR
15 10:00 Stories & Memories..3SR 3:00 Sunday Devotions....2DR 3:00 Worship Broadcast..TV6	16 9:30 Music & Memories.....3SR 2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle & Churchill.....2nd, 3rd <i>Martin Luther King Jr. Day</i>	17 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR 5:15 Table Games.....2SR	18 9:30 Magic Table Games..2SR 10:30 Community Choir...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad....3DR</i> 3:00 Bible Study.....2DR	19 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Communion.2DR <i>Lunch Music with Chad....1DR</i> 3:00 Chime Practice.....2DR 5:15 Music Club.....2SR	20 9:30 Music & Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 Active Sports.....2DR	21 10:00 Sunrise Stretches...2SR 10:00 Sunrise Stretches..3SR 12:30 Lunch Music.....3DR 1:30 Crafternoon.....2SR
22 10:00 Stories & Memories..3SR 3:00 Sunday Devotions.....2DR 3:00 Worship Broadcast..TV6 <i>Chinese New Year</i>	23 9:30 Music Exploration.....3SR 2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle & Churchill.....2nd, 3rd Activity Professionals Week!	24 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR 5:15 Table Games.....2SR	25 9:30 Magic Table Games..2SR 10:30 Resident Council...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad....3DR</i> 3:00 Memorial Service.....2DR	26 9:30 Sit Fit.....2SR 9:30 Music & Motion.....3SR 10:30 Catholic Mass.....TV 6 12:00 Lunch Bunch Chinese.LL 2:30 Birthday Party.....2DR 5:15 Music Club.....2SR	27 9:30 Music & Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 Extra Bingo.....2DR	28 10:00 Sunrise Stretches...3SR 12:30 Lunch Music.....2DR 2:30 Table Games.....2SR
29 10:00 Stories & Memories..3SR 3:00 Sunday Devotions.....2DR 3:00 Worship Broadcast....TV6	30 9:30 Music Exploration.....3SR 2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle & Churchill.....2nd, 3rd	31 9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad.....2DR</i> 2:30 Bingo.....2DR 5:15 Table Games.....2SR		Activities are subject to change. Check bulletin board across from the elevators for updates or channel 6.	Lunch Bunch and Bus Outings require sign-up and residents may be responsible for cost of their own meal and bus fare.	