



# January 2023 Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 New Years Day</b> 7:00- Morning Coffee - FL 1:30- Chapel (Channel 3) 	<b>2</b> 7:00- Morning Coffee- FL 12:00- Schwan's- FL  <u><b>Business Office is Closed today</b></u>	<b>3</b> 7:00- Morning Coffee- FL 9:00- Walking Group- FL 10:30- Sit and Be Fit- WC 10:30- Scrabble- GR 2:00- Bingo- LL 3:30- Card Bingo- LL	<b>4</b> 7:00- Morning Coffee- FL 1:00-3:00- Farkle- GR 1:30- Chapel- C 2:00- Life of a Baby Polar Bear (Channel 3)	<b>5</b> 7:00- Morning Coffee - FL 9:00-5:00- Villa Salon- #213 9:00- Walking Group- FL 9:45- <b>Cub Foods Outing</b> - LL 10:30- Sit and Be Fit- WC 1:30-3:30- Free Nail Polishing- LL 3:30- Catholic Service- C 6:00- Movie- WC	<b>6</b> 7:00- Morning Coffee- FL 10:30- Gentle Chair Exercise- WC 10:30- Mexican Train- GR 2:00- Bingo- LL	<b>7</b> 7:00- Morning Coffee- FL
<b>8</b> 7:00- Morning Coffee - FL 1:30- Chapel- C	<b>9</b> 7:00- Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:45- <b>Walmart Outing</b> - LL 10:30- Gentle Chair Exercise- WC 2:00- <b>Birthday Party</b> - DR	<b>10</b> 7:00- Morning Coffee- FL 9:00- Walking Group- FL 9:45- <b>Dollar Tree Outing</b> - LL 10:30- Sit and Be Fit- WC 10:30- Scrabble- GR 2:00- Bingo- LL	<b>11</b> 7:00- Morning Coffee- FL 1:00-3:00- Farkle- GR 1:30- Chapel- C	<b>12</b> 7:00- Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:00- Walking Group- FL 10:00- Bible Study- LL 10:30- Sit and Be Fit- WC 2:00- <b>Wine Social</b> - DR 3:30- Catholic Service- C	<b>13</b> 7:00- Morning Coffee- FL 10:30- Gentle Chair Exercise- WC 10:30- Mexican Train- GR 11:00- Open Door Pantry- LL 2:00- Bingo- LL	<b>14</b> 7:00- Morning Coffee- FL 11:30- Movie- WC 2:00- Wii bowling- WC
<b>15</b> 7:00- Morning Coffee- FL 1:30- Chapel (Channel 3)	<b>16 Martin Luther King, Jr. Day</b> 7:00- Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:45- <b>Joann Fabrics/ Savers Outing</b> - LL 10:30- Gentle Chair Exercise- WC 12:00- Schwan's- FL 2:00- <b>Community Update</b> - DR	<b>17</b> 7:00- Morning Coffee- FL 9:00- Walking Group- FL 10:30- Sit and Be Fit- WC 10:30- Scrabble- GR 2:00- Bingo- LL 3:30- Card Bingo- LL	<b>18</b> 7:00- Morning Coffee- FL 1:00-3:00- Farkle- GR 1:30- Chapel- C 2:00- History of Martin Luther King, Jr. (Channel 3)	<b>19</b> 7:00- Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:00- Walking Group- FL 9:45- <b>Cub Foods Outing</b> - LL 10:00- Bible Study- LL 10:30- Sit and Be Fit- WC 1:30-3:30- Free Nail Polishing- LL 3:30- Catholic Service- C 6:00- Movie- WC	<b>20</b> 7:00- Morning Coffee- FL 10:30- Gentle Chair Exercise- WC 10:30- Mexican Train- GR 11:00- <b>Lunch Outing</b> - LL 2:00- Bingo- LL	<b>21</b> 7:00- Morning Coffee- FL
<b>22</b> 7:00- Morning Coffee- FL 1:30- Chapel (Channel 3)	<b>23</b> 7:00 - Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:45- <b>Walmart Outing</b> - LL 10:30- Gentle Chair Exercise- WC	<b>24</b> 7:00- Morning Coffee- FL 9:00- Walking Group- FL 9:45- <b>Fresh Thyme Outing</b> - LL 10:30- Sit and Be Fit- WC 10:30- Scrabble- GR 10:30- Catholic Mass- C 2:00- Bingo- LL	<b>25</b> 7:00- Morning Coffee- FL 1:00-3:00- Farkle- GR 1:30- Chapel- C	<b>26</b> 7:00- Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:00- Walking Group- FL 10:00- Bible Study- LL 10:30- Sit and Be Fit- WC 2:00-3:00 <b>DC Book Exchange</b> - LL 2:00-3:30- <b>Emily's Office Hours</b> -#102 3:30- Catholic Service- C	<b>27</b> 7:00- Morning Coffee- FL 10:30- Gentle Chair Exercise- WC 10:30- Mexican Train- GR 2:00- Bingo- LL	<b>28</b> 7:00- Morning Coffee- FL 11:30- Movie- WC 2:00- Music Bingo- LL
<b>29</b> 7:00- Morning Coffee- FL 1:30- Chapel (Channel 3)	<b>30 Winter Carnival Week</b> 7:00- Morning Coffee- FL 9:00-5:00- Villa Salon- #213 9:45- <b>Target Outing</b> - LL 10:30- Gentle Chair Exercise- WC 12:00- Schwan's- FL 2:00- Community Crafting Hour- LL 2:00- History of the St. Paul Winter Carnival (Channel 3)	<b>31 Winter Carnival Week</b> 7:00- Morning Coffee- FL 9:00- Walking Group- FL 10:30- Sit and Be Fit- WC 10:30- Scrabble- GR 2:00- "Winter" Bingo- LL 3:30- Card Bingo- LL			<b>Location Key</b> LL= Lower Level Activity Room GR= Game Room FL= Front Lobby WC= 3rd floor Wellness Center C= 4th floor Chapel DR= Fireside Dining Room	<p style="text-align: center;"><b>Calendar subject to change.</b>  <b>Please check weekly announcements for details or any changes.</b></p>