




# MARCH

# 2023

# Activity Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activities are subject to change. Check bulletin board across from the elevators for updates or channel 6.</b></p>	<p><b>Lunch Bunch and Bus Outings require sign-up and residents may be responsible for cost of their own meal and bus fare.</b></p>		<p><b>1</b></p> <p>9:30 Magic Table Games...2SR 10:30 Community Choir...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad</i>....3DR 3:00 Worship Service.....2DR</p>	<p><b>2</b></p> <p>9:30 Sit Fit.....2SR 9:30 Music &amp; Motion.....3SR <i>Lunch Music with Chad</i>....1DR 10:30 Catholic Communion.2DR 10:30 Catholic Mass.....TV6 3:00 Chime Practice.....2DR</p>	<p><b>3</b></p> <p>9:30 Music &amp; Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 Movie Matinee.....2DR</p>	<p><b>4</b></p> <p>10:00 Sunrise Stretches....2SR <b>12:30 Lunch Music.....2DR</b> <b>1:30 Crafternoon.....2SR</b></p>
<p><b>5</b></p> <p>10:00 Stories &amp; Memories..3SR 3:00 Worship Service with Chaplain Julie.....2DR 3:00 Worship Broadcast..TV6</p>	<p><b>6</b></p> <p>10:30 Music &amp; Memories....3DR 2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle &amp; Churchill.....2nd, 3rd</p> <p><i>Purim Begins at Sundown</i></p>	<p><b>7</b></p> <p>9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad</i>....2DR 2:30 Bingo.....2DR 5:15 Table Games.....2SR</p> <p><b>FULL MOON</b></p>	<p><b>8</b></p> <p>9:30 Magic Table Games..2SR 10-12 Eyeglass Tune-Up .2SR 10:30 Community Choir...2DR <i>Lunch Music with Chad</i>....3DR 1:45 Drum Circle.....3SR 3:00 Prayer &amp; Praise.....2DR</p>	<p><b>9</b></p> <p>9:30 Sit Fit.....2SR 9:30 Music Games.....3SR <i>Lunch Music with Chad</i>....1DR 10:30 Catholic Mass.....TV6 1:30 Brain Games.....2SR 3:00 Chime Practice.....2DR 5:15 Music Club.....2SR</p>	<p><b>10</b></p> <p>9:30 Music Games.....2SR 9:30 Personal Training Rounds.....3rd Floor <b>10:30 Outing to Red Lobster</b> 2:30 Sing-Along.....2DR</p>	<p><b>11</b></p> <p>10:00 Sunrise Stretches...3SR <b>12:30 Lunch Music.....3DR</b> <b>2:30 Table Games.....2SR</b></p>
 <p><b>12</b></p> <p>10:00 Stories &amp; Memories..3SR 3:00 Sunday Devotions....2DR 3:00 Worship Broadcast..TV6</p>	<p><b>13</b></p> <p>10:30 Marvelous Music....3DR</p> <p>2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle &amp; Churchill.....2nd, 3rd</p>	<p><b>14</b></p> <p>9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad</i>....2DR 2:30 Bingo.....2DR 5:15 Table Games.....2SR</p>	<p><b>15</b></p> <p>9:30 Magic Table Games..2SR 10:30 Community Choir...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad</i>....3DR 3:00 Bible Study.....2DR 4:15 Music &amp; Relaxation..3SR</p>	<p><b>16</b></p> <p>9:30 Sit Fit.....2SR 9:30 Music &amp; Motion.....3SR 10:30 Catholic Communion.2DR 10:30 Catholic Mass.....TV6 <i>Lunch Music with Chad</i>....1DR 1:30 Brain Games.....2SR</p>	<p><b>17</b></p> <p><b>HAPPY ST. PATRICK'S DAY</b></p> <p>9:30 Music &amp; Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 St. Patrick's Happy Hour.....2DR</p>	<p><b>18</b></p> <p>10:00 Sunrise Stretches...2SR 10:00 Sunrise Stretches....3SR <b>12:30 Lunch Music.....1DR</b> <b>2:30 Bingo with River Valley Church.....2DR</b></p>
<p><b>19</b></p> <p>10:00 Stories &amp; Memories..3SR 3:00 Sunday Devotions.....2DR 3:00 Worship Broadcast..TV6</p>	<p><b>20</b></p> <p><b>1st Day of Spring</b></p> <p>10:30 Music &amp; Memories...3DR 2:00 Java Mentors.....1CR</p>	<p><b>21</b></p> <p>9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad</i>....2DR 2:30 Bingo.....2DR 5:15 Table Games.....2SR</p>	<p><b>22</b></p> <p>9:30 Magic Table Games..2SR 10:30 Resident Council...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad</i>....3DR 1:45 BOOM Whacked!.....3SR 3:00 Worship Service.....2DR</p> <p><i>First Of Ramadan at Sundown</i></p>	<p><b>23</b></p> <p>9:30 Sit Fit.....2SR 9:30 Music &amp; Motion.....3SR 10:30 Catholic Mass.....TV6 <i>Lunch Music with Chad</i>....1DR 1:30 Brain Games.....2SR 3:00 Chime Practice.....2DR 5:15 Music Club.....2SR</p>	<p><b>24</b></p> <p>9:30 Music &amp; Motion.....2SR 9:30 Personal Training Rounds.....3rd Floor <b>12:00 Pizza Lunch Bunch.LL</b> 2:30 Karaoke.....2DR</p>	<p><b>25</b></p> <p>10:00 Sunrise Stretches....3SR <b>12:30 Lunch Music.....2DR</b> <b>2:30 Table Games.....2SR</b></p>
<p><b>26</b></p> <p>10:00 Stories &amp; Memories..3SR 3:00 Sunday Devotions.....2DR 3:00 Worship Broadcast....TV6</p> <p><b>MLB Baseball Season Opener Week</b></p> 	<p><b>27</b></p> <p>10:30 Marvelous Music.3DR</p> <p>2:00 Java Mentors.....1CR 2:00 Pet Visits with Michelle &amp; Churchill.....2nd, 3rd 2:30 America's Pastime....2SR</p>	<p><b>28</b></p> <p>9:30 Musical Minds.....3SR 10:15 Nail Polishing.....3SR 10:30 Musical Minds.....2SR <i>Lunch Music with Chad</i>....2DR 2:30 Bingo.....2DR 5:15 Arts &amp; Crafts.....2SR</p>	<p><b>29</b></p> <p>9:30 Magic Table Games..2SR 10:30 Community Choir...2DR 11:30 Java Time.....3SR <i>Lunch Music with Chad</i>....3DR 1:30 Brain Games.....2SR 3:00 Memorial Service.....2DR</p>	<p><b>30</b></p> <p>9:30 Sit Fit.....2SR 9:30 Music Games.....3SR 10:30 Catholic Mass.....TV6 <i>Lunch Music with Chad</i>....1DR 2:30 Opening Day Party....2DR 5:15 Ball Park Memories...2SR</p>	<p><b>31</b></p> <p>9:30 Music Games.....2SR 9:30 Personal Training Rounds.....3rd Floor 2:30 Baseball Game!.....2DR</p>	<p><b><u>MIND/BODY Challenge</u></b></p> <p>Attend at least TWO highlighted groups per week to appear on our Channel Six All Star List. SEVEN per month wins a prize, and 18 per quarter wins a PIZZA PARTY!</p>