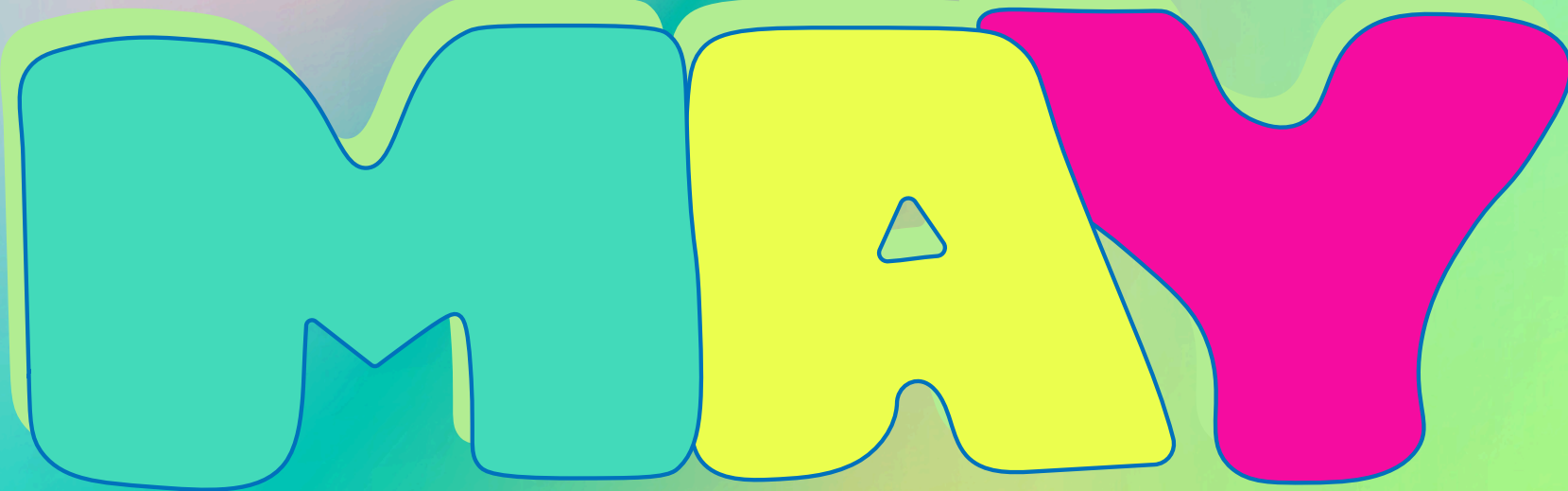


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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2026

					<p>7:00 - Morning Coffee - FL 9:45 - Cub Foods Outing 10:30 - Gentle Exercise - WC 10:30 - Scrabble - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>7:00 - Morning Coffee - FL 10:30 - Seated Yoga - WC 1:00 - Farkle - GR 1:00 - Trivia - LL 2:00 - Afternoon Matinee - "Letters to Juliet" - WC 2:30 - Afternoon Coffee - D</p>
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<p>3</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 2:30 - Yarn Gathering - LL 2:30 - Afternoon Coffee - D</p>	<p>4</p> <p>7:00 - Morning Coffee - FL 9:45 - Walmart Outing 10:30 - Gentle Exercise - WC 11:15 - Documentary: "Tiny Creatures" - WC 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>5</p> <p>7:00 - Morning Coffee - FL 9:45 - Dollar Tree Outing 10:30 - Seated Yoga - WC 10:30 - Scrabble - GR 1:30 - Bridge - GR 2:00 - Cinco de Mayo Free Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - Mexican Train - LL</p>	<p>6</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 12:00 - Birthday Candles Play Outing 1:00 - Farkle - GR 1:30 - Chapel Service - C 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>7</p> <p>7:00 - Morning Coffee - FL 10:00 - Bible Study - C 10:30 - New Resident Reception - DR 11:00 - Time of Prayer - C 12:00 - Hand & Foot - GR 1:00 - Seated Zumba - WC 1:30 - Bridge - GR 2:00 - Wine Social - DR 2:30 - Afternoon Coffee - D 3:30 - Catholic Service - C 6:15 - Evening Movie: "Uncle Buck" - WC</p>	<p>8</p> <p>SPRING INDOOR MARKET 11:00 - 1:00 FIRESIDE DINING ROOM</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 10:30 - Scrabble - GR 10:40 - Open Door Pantry - LL 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>9</p> <p>7:00 - Morning Coffee - FL 10:30 - Seated Yoga - WC 1:00 - Farkle - GR 1:00 - Trivia - LL 2:00 - Afternoon Matinee - "Murphy's Romance" - WC- LL 2:30 - Afternoon Coffee - D</p>
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<p>HAPPY MOTHER'S DAY 10</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 2:30 - Afternoon Coffee - D</p>	<p>11</p> <p>7:00 - Morning Coffee - FL 9:45 - Walmart Outing 10:30 - Gentle Exercise - WC 11:15 - Documentary: "Tiny Creatures" - WC 2:00 - May Birthday Party with Jeff Brueske - DR 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>12</p> <p>7:00 - Morning Coffee - FL 9:45 - Aldi/Burlington Outing 10:30 - Seated Yoga - WC 10:30 - Scrabble - GR 1:30 - Bridge - GR 2:00 - Wii Bowling - WC 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - Mexican Train - LL</p>	<p>13</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 1:00 - Farkle - GR 1:30 - Chapel Service - C 2:30 - 1960s Music Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>14</p> <p>7:00 - Morning Coffee - FL 10:45 - Lunch Outing: Caspers of Eagan 10:00 - Bible Study - C 12:00 - Hand & Foot - GR 1:00 - Senior Stretch - WC 1:30 - Bridge - GR 1:30 - Free Nail Polishing - LL 2:30 - Afternoon Coffee - D 3:30 - Catholic Service - C</p>	<p>15</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 10:30 - Scrabble - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - Piano Recital - DR 6:30 - 500 Cards - WC</p>	<p>16</p> <p>7:00 - Morning Coffee - FL 10:30 - Seated Yoga - WC 1:00 - Farkle - GR 1:00 - Trivia - LL 2:00 - Afternoon Matinee - "Diana: the Musical" - WC 2:30 - Afternoon Coffee - D</p>
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LOWER LEVEL BACK DOOR CLOSED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="right">17</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 2:30 - Yarn Gathering - LL 2:30 - Afternoon Coffee - D</p>	<p align="right">18</p> <p>7:00 - Morning Coffee - FL 9:45 - Target Outing 10:30 - Gentle Exercise - WC 11:00 - Book Club - WC 2:00 - Community Update Meeting - DR 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p align="right">19</p> <p>7:00 - Morning Coffee - FL 10:00 - Culinary Chat - DR 10:30 - Seated Yoga - WC 10:30 - Scrabble - GR 12:30 - Rays of Hope - C 1:30 - Bridge - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - Mexican Train - LL</p>	<p align="right">20</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 1:00 - Farkle - GR 1:15 - Resident Paper Shredding - LL (1 bag per resident) 1:30 - Chapel Service - C 2:30 - "For the Love of Old Houses" - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p align="right">21</p> <p>7:00 - Morning Coffee - FL 9:45 - Cub Foods Outing 10:00 - Bible Study - C 12:00 - Hand & Foot - GR 1:00 - Seated Zumba - WC 1:30 - Bridge - GR 1:30 - Free Nail Polishing - LL 2:00 - Sunshine Social: Margaritas - Balcony 2:30 - Afternoon Coffee - D 3:30 - Catholic Service - C 6:15 - Evening Movie: "My Girl" - WC</p>	<p align="right">22</p> <p>7:00 - Morning Coffee - FL 9:00 - 11:00 Resident Satisfaction Survey In Person Assistance - LL 9:45 - Walmart Outing 10:30 - Gentle Exercise - WC 10:30 - Scrabble - GR 2:00 - Frank Talking History - DR 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p align="right">23</p> <p>7:00 - Morning Coffee - FL 10:30 - Seated Yoga - WC 1:00 - Farkle - GR 1:00 - Trivia - LL 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D</p>
<p align="right">24</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 2:30 - Yarn Gathering - LL 2:30 - Afternoon Coffee - D</p>	<p align="center">MEMORIAL DAY</p> <p align="right">25</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p align="right">26</p> <p>7:00 - Morning Coffee - FL 9:45 - Savers Outing 10:30 - Scrabble - GR 10:30 - Seated Yoga - WC 10:30 - Catholic Mass - C 1:30 - Bridge - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 3:15 - Resident Advisory Committee: Calendar Planning for June- LL 6:30 - Mexican Train - LL</p>	<p align="right">27</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 1:00 - Farkle - GR 1:30 - Chapel Service - C 2:30 - Arts & Craft - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p align="right">28</p> <p>7:00 - Morning Coffee - FL 9:45 - Little Six Casino Outing 10:00 - Bible Study - C 12:00 - Hand & Foot - GR 1:00 - Senior Stretch - WC 1:30 - Bridge - GR 2:00 - Dakota County Book Exchange - LL 2:30 - Afternoon Coffee - D 3:30 - Catholic Service - C 7:00 - Villa Summer Concert Series: Michael Riddle - Front Parking Lot</p>	<p align="right">29</p> <p align="center">SPRING INDOOR MARKET 11:00 - 1:00 FIRESIDE DINING ROOM</p> <p>7:00 - Morning Coffee - FL 9:45 - Michaels & Fresh Thyme Outing 10:30 - Gentle Exercise - WC 10:30 - Scrabble - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p align="right">30</p> <p>7:00 - Morning Coffee - FL 10:30 - Seated Yoga - WC 1:00 - Farkle - GR 1:00 - Trivia - LL 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 3:30 - Men's Group - WC</p>
<p align="right">31</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 1:30 - Velvet Tones Performance Outing 2:30 - Yarn Gathering - LL 2:30 - Afternoon Coffee - D</p>	<p align="center">LOCATION KEY</p> <p>LL - LOWER LEVEL ACTIVITY ROOM GR - GAME ROOM D - DELI FL - FRONT LOBBY WC - 3RD FLOOR WELLNESS CENTER C - 4TH FLOOR CHAPEL DR - FIRESIDE DINING ROOM</p> <p align="center">Villa Salon: Mondays and Thursdays open at 9:00 am #213</p>					

Apple Valley Villa

a ministry of  cassia



Bre Schlick
Activities Director
 Questions about Activities?
 Email: Bre.Schlick@CassiaLife.org
 Phone: 952-236-2620
 Office: Lower Level

Activities are subject to change.

