

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

April



MINNESOTA TWINS HOME OPENER VS TB @ 3:15 PM

5

7:00 - Morning Coffee - FL
8:30 - Easter Church Service & Brunch Outing
1:30 - Easter Service - Chapel
2:30 - Afternoon Coffee - D

6

7:00 - Morning Coffee - FL
9:45 - Walmart Outing
10:30 - Gentle Exercise - WC
11:15 - Documentary: "Tiny Creatures" - WC
2:30 - Afternoon Coffee - D
6:30 - 500 Cards - WC

7

7:00 - Morning Coffee - FL
9:45 - Dollar Tree Outing
10:30 - Seated Yoga - WC
10:30 - Scrabble - GR
1:30 - Bridge - GR
2:00 - Bingo - LL
2:30 - Afternoon Coffee - D

8

7:00 - Morning Coffee - FL
10:30 - Gentle Exercise - WC
1:00 - Farkle - GR
1:30 - Chapel Service - C
2:30 - 1950s Music Bingo - LL
2:30 - Afternoon Coffee - D
6:30 - 500 Cards - WC

9

7:00 - Morning Coffee - FL
10:00 - Bible Study - C
12:00 - Hand & Foot - GR
1:00 - Stronger Senior Stretch - WC
1:30 - Bridge - GR
2:30 - Afternoon Coffee - D
3:30 - Catholic Service - C
6:15 - Evening Movie: "A League of Their Own" - WC

10

7:00 - Morning Coffee - FL
10:30 - Gentle Exercise - WC
10:30 - Scrabble - GR
10:40 - Open Door Pantry - LL
2:00 - Bingo - LL
2:30 - Afternoon Coffee - D
6:30 - 500 Cards - WC

11

7:00 - Morning Coffee - FL
9:30 - Galleria Flower Exhibit Outing
10:30 - Seated Yoga - WC
1:00 - Farkle - GR
1:00 - Trivia - LL
2:00 - Bingo - LL
2:30 - Afternoon Coffee - D

12

7:00 - Morning Coffee - FL
1:30 - Chapel Service - Chapel
2:30 - Knitting Class - LL
2:30 - Afternoon Coffee - D

13

7:00 - Morning Coffee - FL
9:45 - Walmart Outing
10:30 - Gentle Exercise - WC
11:15 - Documentary: "Tiny Creatures" - WC
2:00 - Community Update Meeting - DR
2:30 - Afternoon Coffee - D
6:30 - 500 Cards - WC

14

7:00 - Morning Coffee - FL
9:45 - Aldi/Burlington Outing
10:30 - Seated Yoga - WC
10:30 - Scrabble - GR
1:30 - Bridge - GR
2:00 - Wii Bowling - WC
2:00 - Bingo - LL
2:30 - Afternoon Coffee - D

15

7:00 - Morning Coffee - FL
10:30 - Gentle Exercise - WC
1:00 - Farkle - GR
1:30 - Chapel Service - C
2:30 - "For the Love of Old Houses" - LL
2:30 - Afternoon Coffee - D
6:30 - 500 Cards - WC

16



7:00 - Morning Coffee - FL
10:45 - Lunch Outing: Rascal's
10:00 - Bible Study - C
12:00 - Hand & Foot - GR
1:00 - Stronger Senior Stretch - WC
1:30 - Bridge - GR
1:30 - Free Nail Polishing - LL
2:00 - Spring Social - DR
2:30 - Afternoon Coffee - D
3:30 - Catholic Service - C
6:30 - Bar Trivia - DR

17

7:00 - Morning Coffee - FL
10:30 - Gentle Exercise - WC
10:30 - Scrabble - GR
10:30 - Volunteer Brunch - DR (Invite only)
2:00 - Bingo - LL
2:30 - Afternoon Coffee - D
6:30 - 500 Cards - WC

18

7:00 - Morning Coffee - FL
10:30 - Seated Yoga - WC
1:00 - Farkle - GR
1:00 - Trivia - LL
2:00 - Afternoon Matinee - "Field of Dreams" - WC - LL
2:30 - Afternoon Coffee - D
3:00 - Men's Club - LL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>19</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 2:30 - Knitting Class - LL 2:30 - Afternoon Coffee - D</p>	<p>20</p> <p>7:00 - Morning Coffee - FL 9:45 - Walmart Outing 10:30 - Gentle Exercise - WC 11:15 - Documentary: "Tiny Creatures" - WC 2:00 - April Birthday Party with Tim Patrick - DR 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>21</p> <p>7:00 - Morning Coffee - FL 10:00 - Culinary Chat - DR 10:30 - Seated Yoga - WC 10:30 - Scrabble - GR 12:30 - Rays of Hope - C 1:30 - Bridge - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D</p>	<p>22 </p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 1:00 - Farkle - GR 1:30 - Chapel Service - C 2:30 - "For the Love of Old Houses" - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>23</p> <p>7:00 - Morning Coffee - FL 9:45 - Cub Foods Outing 10:00 - Bible Study - C 12:00 - Hand & Foot - GR 1:00 - Stronger Senior Stretch - WC 1:30 - Bridge - GR 1:30 - Free Nail Polishing - LL 2:00 - Dakota County Book Exchange - LL 2:30 - Afternoon Coffee - D 3:30 - Catholic Service - C 6:15 - Evening Movie: "Rookie of the Year" - WC</p>	<p>24 SPRING INDOOR MARKET 11:00 - 1:00</p> <p>7:00 - Morning Coffee - FL 9:45 - Michaels & Fresh Thyme Outing 10:30 - Gentle Exercise - WC 10:30 - Scrabble - GR 2:00 - Bingo - LL 2:30 - Afternoon Coffee - D 3:15 - Resident Advisory Committee: Calendar Planning for May - LL 6:30 - 500 Cards - WC</p>	<p>25</p> <p>7:00 - Morning Coffee - FL 10:30 - Seated Yoga - WC 11:00 - Mother's Day Tea - DR (Sign up required) 1:00 - Farkle - GR 2:30 - Afternoon Coffee - D</p>
<p>26</p> <p>7:00 - Morning Coffee - FL 1:30 - Chapel Service - Chapel 2:30 - Knitting Class - LL 2:30 - Afternoon Coffee - D</p>	<p>27</p> <p>7:00 - Morning Coffee - FL 9:45 - Target Outing 10:30 - Gentle Exercise - WC 11:00 - Book Club - WC 2:00 - Focus Meeting: Scams and Frauds - DR 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>28</p> <p>7:00 - Morning Coffee - FL 9:45 - Savers Outing 10:30 - Scrabble - GR 10:30 - Seated Yoga - WC 10:30 - Catholic Mass - C 1:30 - Bridge - GR 2:00 - 3:30 - Open Business Office Hours - 102 2:00 - Free Bingo - LL 2:30 - Afternoon Coffee - D</p>	<p>29</p> <p>7:00 - Morning Coffee - FL 10:30 - Gentle Exercise - WC 1:00 - Farkle - GR 1:30 - Memorial Service - C 2:30 - Kindness Rock Craft - LL 2:30 - Afternoon Coffee - D 6:30 - 500 Cards - WC</p>	<p>30</p> <p>7:00 - Morning Coffee - FL 10:00 - Bible Study - C 12:00 - Hand & Foot - GR 1:00 - Stronger Senior Stretch - WC 1:30 - Bridge - GR 2:30 - Afternoon Coffee - D 3:30 - Catholic Service - C</p>		

LOCATION KEY
 LL - LOWER LEVEL ACTIVITY ROOM
 GR - GAME ROOM
 D - DELI
 FL - FRONT LOBBY
 WC - 3RD FLOOR WELLNESS CENTER
 C - 4TH FLOOR CHAPEL
 DR - FIRESIDE DINING ROOM

Apple Valley Villa

a ministry of  cassia

Villa Salon:
 Mondays and Thursdays
 open at 9:00 am
 #213

Activities are subject to change.



Bre Schlick
Activities Director
 Questions about Activities?
 Email: Bre.Schlick@CassiaLife.org
 Phone: 952-236-2620
 Office: Lower Level

